

GP Mental Health Plan (GPMHP)

Patient Demographic Details
Name: Xanthe Willson-Laidlaw
DOB: 29/11/2012
Address: 3 Bentley Drive, Regency Downs, , QLD, 4341
Phone: 0409407795
Medicare Details: No. 5029214031 Index 7 Expiry 9/2026

Patient

Name Miss Xanthe Willson-Laidlaw
Sex Female
DOB 29/11/2012
ATSI Aboriginal but not Torres Strait Islander origin
Address 3 Bentley Drive, Regency Downs , QLD 4341
Preferred contact number 0409407795

Item Type

GP Mental Health Plan

Patient Allergies

Item	Type	Severity
Tomato sauce, paste	Rash	Moderate

Patient Medical History

Status	Condition	Comment	Started	Ended
Ongoing	Hypermobility syndrome	Was seeing rheumatologist at Dr Adib (Arthur Street) Grandmother finds this difficult to get to Looking at alternative's		
Ongoing	Sensory issues	Seeing paediatritian (Dr Satharasanghe) @ Kambu His assessment was "not ADHD or at leat not at a level that needs medication" ADOS - negative For 12 to 18 month reviews		
Ongoing	Grief	Mother died August 3rd 2021at the age of 38 for metastatic bladder cancer		

Patient Medications

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* none found *

Problems

Problems, Needs or Condition	Goals - Changes to be achieved	Required treatments and services including patient actions	Arrangements for treatments/services
Grief -Mother died of metastatic bladder cancer August 2021 -Xanthe was 8 -Limited input from father until her mother passed away, no contact from father 2 years preceeding mothers death	Process the loss of her mother Improve mood and emotional regulatoion	Psychology/mental health clinican review GP review Paediatritian review 12-18 monthly	Kambu GP Kambu paediatritian Psychologist/Mental health clinician

Safety Plan

Warning signs	Increasing isolation
Relapse prevention strategies	Attend with GP and psychologist
When to be concerned	Increasingly worsening behaviour and mood
Who needs to be contacted / involved	GP Grandmother Psychologist
Contact details	

Appropriate psycho-education provided Yes

Copy of plan offered to person and / or carer Yes

Consent given to provide copy of this care plan to external providers involved in mental health care Yes

Date GP Mental Health Plan completed 14/09/2022

Review Date 13/03/2023

Appointment

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Provider Details

Doctor's Name Dr Andrew Taylor (Kambu Laidley)
Practice address 2/235 Patrick St
Laidley, QLD, 4341
Australia
Provider number 5421362W
Phone (07) 5465 3541
Fax (07) 5464 3156

GP Signature.		Kambu Health Laidley (Kambu Laidley) 2/235 Patrick St, Laidley, QLD 4341
	Dr Andrew Taylor (Kambu Laidley) 14-09-2022	
Patient Signature		